



Open the Door to Common Core

The Nurtured Heart Approach™ & Common Core Instruction

- The Nurtured Heart Approach (NHA) promotes a decrease in truancy, suspensions, and expulsions, while increasing attendance and student participation through a motivating classroom environment that empowers students to embrace the risk-taking required to be successful in the common core standards.
- An NHA, supportive, relationship-focused classroom creates the opportunity for learning to occur.
- Brain research shows when students feel stress they are not open to learning and are unable to store new information. NHA creates the experience of a safe learning environment with clear expectations, which reduces stress and increases academic learning time.
- NHA strategies align with Common Core Instruction focusing on developing communication, collaboration, critical thinking, and creativity/innovation.
- Students learn to connect with their academic learning while developing skills in the Social and Emotional Learning Core Competencies:
 - Self-Awareness
 - Self-Management
 - Social Awareness
 - Problem Solving/Decision Making
 - Relationship Skills

Support Your Common Core Instruction with the Nurtured Heart Approach.